

Resources for Women

Cindy Pierce

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[How Porn Skews Sexual Expectations](#) By Cindy Pierce TEDxKenmoreSquare

Books by Cindy

[Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn-Driven World](#) and [Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup Culture](#)

Sexuality Education:

- [AMAZE.ORG](#) takes the awkward out of sex ed. Real info in fun, animated videos that give you all the answers you actually want to know about sex, your body and relationships.
- [ShafiaZaloom.com](#) *Sex, Teens, & Everything in Between: The New and Necessary Conversations Today's Teenagers Need to Have about Consent, Sexual Harassment, Healthy Relationships, Love, and More* by Shafia Zaloom
- [Sexuality educator Anya Manes](#) – an educator and coach for parents and kids on having open and honest conversations about sex, relationships and healthy boundaries. [Follow this link](#) to see Maynes' welcome video
- [What is Your Sexual Footprint?](#) by Al Vernacchio at TEDx Youth@SanDiego2013
- [Sexuality Education](#) by Al Vernacchio@TEDxWakeForestU
- *For Goodness Sex; Changing the Way We Talk to Teens About Sexuality, Values, and Health* by Al Vernacchio
- *Birds + Bees + YOUR Kids – A Guide to Sharing Your Beliefs about Sexuality, Love, and Relationships: Everything YOU Need To Know Before Middle School!* by Amy Lang, MA
- *Dating Smarts: What EVERY Teen needs to Know to Date, Relate or Wait!* by Amy Lang, MA
- [Sex, Etc](#)
- [Go Ask Alice](#)
- [Scarleteen](#)
- [Ask Roo](#)

Porn:

- [How Porn Skews Sexual Expectations](#) By Cindy Pierce TEDxKenmoreSquare
- [Our Kids Online: Porn, Predators & How to keep them safe](#) Rob Cope and ZareenSheikh-Cope [NZHerald interview](#) with Rob Cope

- [Dr. Carolyn West](#) is an expert on racism in pornography as well as an International Speaker, Filmmaker, Author, Domestic Violence Expert, Cultural Sensitivity Trainer, Expert Witness
- [Why I Stopped Watching Porn](#) by Ran Gavrieli
- [The great porn experiment](#) by Gary Wilson TEDxGlasgow
- [Porn Gave Me a Limp Noodle – Why I Told the World](#) by Gabe Deem – Reboot Nation
- [Hot Girls Wanted](#) A 2015 Sundance Selection and 2015 Emmy Award Nominee [trailer](#)
- [Laid Bare with Anonymous X](#) podcast with Stephanie Boye
- [A Mother's Concern and Action](#) TEDxCharleston by Stephanie Boye

Social Media:

- [MEDIAGIRLS: MAKING OVER THE MEDIA](#)
- [Screenwise; Helping Kids Thrive \(and Survive\) in Their Digital World](#) by Deborah Heitner, PhD Website: Raising Digital Natives
- [Talk to Your Kids About Porn](#) by Natasha Singh
- [The Social Dilemma](#) film on Netflix

Boundaries and Connection:

- [One Trusted Adult: How to Build Strong Connections & Healthy Boundaries with Young People](#) by Brooklynn Raney
- [Vicki Hoefle](#) – Parenting Coach, Speaker, Author
- [What Parents Can Do to Stop Sexual Harassment](#) by Richard Weissbourd and Alison Cashin
- [Body Sovereignty and Kids: How we can cultivate a culture of consent](#) | Monica Rivera | TEDxCSU

Girls and Young Women:

- [What young women believe about their own sexual pleasure](#) by Peggy Orenstein TEDWomen 2016
- [Girls and Sex: Navigating the New Complicated Landscape](#) by Peggy Orenstein
- [What Made Maddy Run: The Secret Struggles and Tragic Death of an All-American Teen](#) by Kate Fagen (Also [here](#) on YouTube.)
- [Dear Younger Me](#) by Lauren Fleshman – Stanford Runner
- [Beauty Sickness](#) by Renee Engeln – TED talk

Boys and Young Men:

- [*Everyone is Going Through Something*](#) by Kevin Love
- [*Boys and Sex: Young Men on Hookups, Love, Porn, Consent, and Navigating the New Masculinity*](#) by Peggy Orenstein
- [*The Mask You Live*](#) In follows boys and young men as they struggle to stay true to themselves while they negotiate America's narrow definition of masculinity
- [*What is Masculinity? | That's What He Said*](#) by Soul Pancake
- *Guys, We Have a Problem: How American Masculinity Creates Lonely Men* Hidden Brain
- [*Why men don't talk*](#) Man Enough Episode 1
- [*Why I am Done Being "Man Enough"*](#) TED talk by Justin Baldoni

Gender Nonconforming and Transgender:

- [*Tomorrow Will Be Different: Love, Loss, and the Fight for Trans Equality*](#) by Sarah McBride
- [*Understanding the Complexities of Gender*](#) – Sam Killermann's TEDxUofIChicago speech
- [*Brain structure and function in gender dysphoria*](#) by Julie Bakker
- [*Becoming Nicole: The Transformation of an American Family*](#) by Amy Ellis Nutt
- [*There's a very simple way to seriously help transgender youth, according to this study*](#) by Karen Fratti
- [*The Gender Spectrum: Move beyond the pink/blue binary to support students who don't conform to narrow gender norms*](#) by Carrie Kilman
- ***The Pride Guide: The Guide to Sexual and Social Health for LGBTQ*** by [Joe Langford](#)

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