Tomorrow's Leaders Leading Today

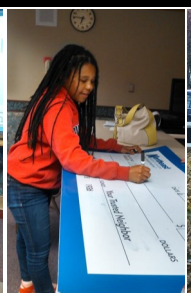
CADY Youth Advisory and Advocacy Council (YAAC)

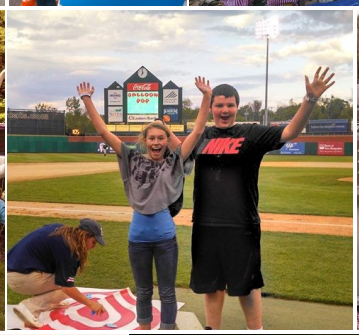
Recipient of the 2015 NH Youth-In-Action Award

Pictured left to right: New Futures Policy Director Michele D. Merritt, Esq., YAAC youth Toby Phillips, Tory Warner, Nora Doyle, Mack Doyle, Mollie Brown, Rosa Bailey, CADY Youth Services Coordinator, Liz Brochu, and New Futures Executive Director, Linda Saunders Paquette, Esq. receiving their award at a ceremony held at the Grappone Center in Concord, on October 8th. YAACs not pictured: Christian Bixby, Chante Comeau, Nakiya Smith and Nic Titus.

"**The New Future's Youth in Action Award** acknowledges the important role youth play in reducing and preventing alcohol and other drug problems in New Hampshire. The CADY Youth Advisory and Advocacy Council did an amazing job testifying before the Senate Finance Committee this past session on the importance of funding youth prevention programs. The group worked hard on a well thought out presentation and stayed on message—even when thrown a curve ball related to marijuana—which they answered with incredible aplomb. CADY youth carry the message of what it is like to be a kid today. Working with The Partnership for a Drug-Free NH, they share the #pledge2talk campaign with adults in their community and beyond. CADY educates community members about the impact of marijuana use on youth. The YAACs have also been active on the local level, helping folks in their town navigate what a medical marijuana dispensary could mean for increased youth access to marijuana. We are grateful for all of your outstanding work and are very pleased to honor you." *~Linda Saunders Paquette, New Futures Executive Director*

"We cannot always build the future for our youth, but we can build our youth for the future."





Top row left to right: 2015-2016 Launch members; 2014-2015 Launch Youth during Teamwork meeting; 2014-2015 Launch Youth working on presentation skills and public speaking; Malikah Dillard, 2014-2015 Launch youth, learning how to write a check; 2015-2016 Launch Youth at the 2015 Trick-or-Treat on the Plymouth Common; **2nd row left to right:** Alex Berry and Teghan Kelly on tour bringing "Alex's Story to NH high schools; Summer Training Day 2015 Launch and YAAC Youth at the Common Man Inn; Chante Comeau and Christian Bixby on the field at Fisher Cats Stadium; Xander Browne volunteering at the Bridge House Fun Fair 2015; **3rd row left to right:** 2014-2015 Launch youth learning Financial Fitness with Michele Aguiar, Branch Manager, Northeast Credit Union; 2015-2016 Launch Youth during Communication Skills meeting; **4th row left to right:** Troy Warner, Ben Olmstead, Toby Phillips and Christian Bixby with Max at a Manchester Monarch Hockey Game; 2015-2016 Launch youth selling snowman soup at the Plymouth Methodist Church Holiday Bazaar; 2015 Bristol Elementary School "Say Boo to Drugs" **5th row left to right:** Plymouth Elementary School A+ Afterschool students playing Prevention Chutes and Ladders; Plymouth Regional High School Students empowering their peers to be drug-free with a Social Norms Campaign during Red Ribbon Week 2015; Nic Titus, Malikah Dillard and Nikaya Smith volunteering at the 2015 Bridge House Fun Fair; Troy Warner and Mack Doyle directing traffic during a CADY house party hosted by Nancy and Bill Dailey.

CREATING COMMUNITY CHANGE

IN 2015, CADY served over 10,000 Children, Youth, and Adults

Alexandria, Ashland, Bridgewater, Bristol, Campton, Ellsworth, Groton, Hebron, Holderness, Lincoln, Plymouth, Rumney, Thornton, Warren, Waterville Valley, Wentworth, and Woodstock

PREVENTION

Protects Children • Breaks the Cycle of Crime • Contains Costs
Prevents Addiction • Saves Lives

CADY PROGRAMS

Since 1999, CADY has been providing Community Education, Positive Youth Development Programs, Trainings, and Outreach to Prevent Substance Abuse and build healthy foundations and promising futures for the youth of central New Hampshire.

THE LAUNCH YOUTH ENTREPRENEURSHIP PROGRAM

Since 2005, 250 youth have been educated and engaged by this nationally-recognized program with year-round skill building, leadership development, and paid summer employment. The LAUNCH is the sole youth employment program in central New Hampshire. In 2012, the Launch was spotlighted by the White House as a program to emulate nationwide.

RESTORATIVE JUSTICE COURT DIVERSION PROGRAM

Since 2007, 160 youth have been given a 2nd chance to take responsibility for their actions, make restitution to victims, reconnect with community and turn their lives around. This NH accredited program has a 93% success rate in promoting growth and lasting behavioral change.

"It was important to me to let people know that I'm taking full responsibility and have learned from my mistake." ~RJ Youth

THE YAAC (YOUTH ADVISORY AND ADVOCACY COUNCIL)

Since 2009, 85 youth have served as leaders in prevention and mentors who influence positive change with their peers, community, and the state. The YAACs were recipients of the Statewide, 2015 Youth In Action Award.

"ALEX'S STORY"

In the spring of 2015, CADY and the Plymouth State University TIGER Program (Theatre Integrating Guidance, Education, and Responsibility) launched an exciting collaboration called, *Alex's Story*. Alex's Story is the real-life account of a NH youth's struggle with drug use, heroin addiction, and recovery. We understand that no one, especially teens, likes to be lectured to, so we developed an innovative, peer-to-peer educational model utilizing storytelling to raise awareness on the risks of substance use and addiction. Alex's Story is empowering high school students with fact-based information to avoid risky behaviors and make smart, healthy choices. The performance is followed by a powerful question and answer session with Alex.

CADY COMMUNITY EDUCATION, TRAININGS, AND OUTREACH

"Information is Power"

Since 1999, CADY has been turning problems into solutions by shattering myths about illicit substances with science-based facts, programs, trainings, policy development, education and youth initiatives.

Media Campaigns including The Hometown Voice, The Pennysaver, and The CADY Corner Prevention Column in Record Enterprise; Twitter and Facebook; Project Monitor Under 21 Tipline; Suicide Prevention Trainings for Professionals; Parent Education; Thriving in the Middle School Youth Conference; Newfound KAPER Conference (Kids and Parents Enriching Relationships); Youth Risk Behavior Surveys and TAP (Teen Assessment Project Surveys); Prom Safety Programming/Newfound Regional High School and Plymouth Regional High School; Annual Regional Prevention Summit; Lunch-n-Learn Forums; Prescription Drug Awareness and Heroin Outreach Campaigns, Prescription Drug Take-Back Programs; and so much more!

EDUCATE! ENGAGE! EMPOWER!

Our sincere gratitude to our 2015 –2016 financial contributors for your generous support!

THANK YOU to our AMAZING Volunteers for giving over 5,150 hours

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Our important work could not be accomplished without your participation and dedication. We are committed to recognizing individual and collective contributions. If we inadvertently omitted a name, please accept our sincere apologies and let us know so we may update our records. THANK YOU!

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